CAREER EXPLORATION PROGRAMS

CAREER LAB: Ph.D. Transferable Skills
September 23, 2020, 10:00am–12:30pm
The key to effective career planning is knowing your strengths both inside and outside the lab. Recognizing and articulating your abilities can help you find professional fulfillment and even improve the kinds of career opportunities available to you. Assess your motivated skills and learn how to determine which skills are valued in roles with employers such as academic institutions, private companies and public service organizations.

CAREER LAB: Discovery and Influence: Putting Your Values to Work
September 29, 2020, 5:00pm–6:30pm
We spend a huge portion of our days, months and years on the job – work becomes part of our identity. What do you hope to get from your career? This workshop offered by graduate career advisors from the School of Public Health and QB3-Berkeley gives you a chance to:
- identify and define your work-related priorities – IE. continuous learning, diversity & inclusion, collaboration/teamwork, etc.;
- learn how to evaluate potential employers for shared values;
- discover ways you can have influence at work to see your values in action.

CAREER LAB: Networking and Informational Interviewing
October 22, 2020, 10:00am–11:30am
The idea of “networking” can seem loaded ~ this interactive workshop will help you appreciate the real value of connecting with others. GradPro and QB3–Berkeley advisors will discuss ways networking can help you in career exploration and your job search. Learn tips for expanding your network, techniques for approaching someone you don’t know (& why you might do so), conducting an informational interview, and staying in touch – even in a pandemic! During the workshop we’ll help you prepare to network and set actionable goals.

Fall 2020 OFFICE HOURS on Individual Development Plans (for bioscience doctoral students & QB3–Berkeley postdocs – up to 20 min. individual advising sessions)
View the QB3–Berkeley IDP here: https://qb3.berkeley.edu/individual-development-plan/
Explore options or pursue a career path supported by easy–to–use planning instruments that help you thoughtfully design and track your professional development goals. Get help and resources to proactively problem–solve and set yourself up for success. Please write to rlurie@berkeley.edu to inquire about IDP advising for Oct –Dec 2020

If you require an accommodation for effective communication to fully participate, please contact us [rlurie@berkeley.edu] with as much advance notice as possible and at least 7 days in advance of an event.